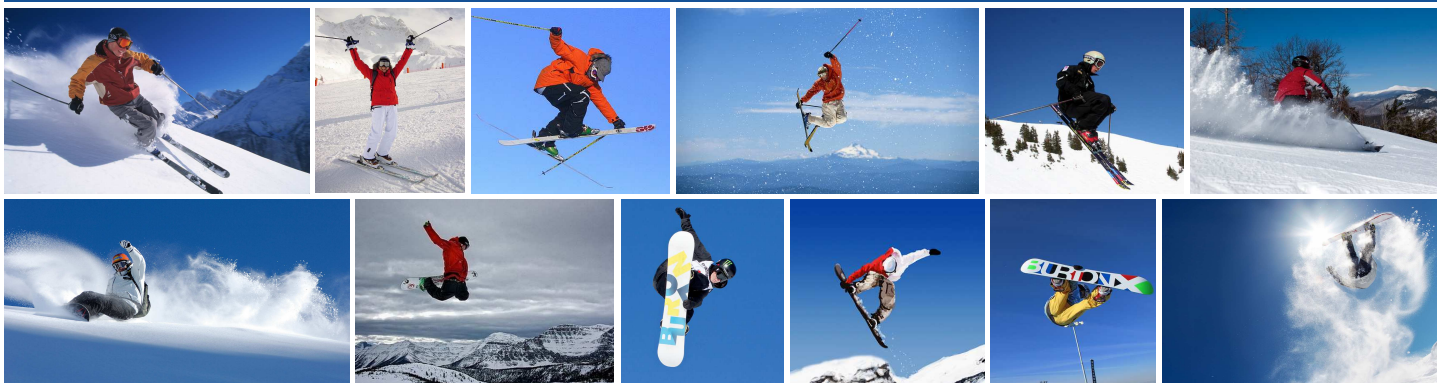


# ROC 2017-2018 Ski Conditioning Program



Call 775-788-5229 to sign up.



Presented by  
Elizabeth Brinkley Pateta, M.A., LAT, A.T.C.

*NOTICE: Please call in advance to set up pre-testing prior to the program starting.*

## Fall Session \$400

Tuesday & Thursday evenings from 5:45 - 7:00pm  
October 31<sup>st</sup> - December 21<sup>st</sup>

## Winter Sessions \$200

Tuesday nights from 5:45 - 7:00pm  
January 9<sup>th</sup> - February 27<sup>th</sup>



15% Discount for returning participants and season ski pass holders.



New ROC Location 18653 Wedge Parkway [www.renoortho.com](http://www.renoortho.com)