



Dr. Alex Lencioni
Reno Orthopedic Center

Road Map to Surgery

Day of Office Visit:

You will be tasked with signing two consent forms: Medication Informed Consent and Risk Assessment. After signing these forms and discussing surgery with Dr. Lencioni, you will go downstairs to the first floor. Across from the front desk that you checked in at, there is an area called **SURGERY SCHEDULING**. We are not scheduling surgery today but instead asking some screening questions. **Doing these screening questions the same day we sign up for surgery helps speed the process up for getting you scheduled.**

Based on your answers to the screening questions, you will be sent to the PASS clinic for additional testing (labs or EKG) or potential clearances that our anesthesia team would want. If you have had lab work done in the last 90 days, they can reference this in your chart, you would just have to tell the PASS medical assistant. What is needed from you will be communicated by the PASS medical assistant.

Next couple days/end of next week:

Our surgery scheduler, Yenny, will reach out to you about scheduling surgery. Her direct line is 775-785-3427. If you do not hear from her by the end of next week, we would recommend giving her a call.

Day or two before surgery:

Dr. Lencioni will give you a call a day or two before surgery to answer any last-minute questions that you may have and to send in your post-operation medications. If you would like to have a pre-operation appointment, please let us know and we can get you scheduled a couple of days or a week before your surgery.

Depending on where your surgery is, check-in will be about 2 hours to an hour and a half before your scheduled time. If you are having surgery at ROC, the front desk of the surgery center will call and confirm scheduled time and check-in 2-3 business days before surgery. If you are having surgery at a hospital, our surgery scheduler will call and confirm surgery time and check-in the day before.

If you are having surgery at ROC, our anesthesiology team will call you the night before to answer any questions and to run through the medications that you take.

If you are having surgery at a hospital, the hospital team will reach out to you regarding coordinating pre-operation testing and questions that you may have.

Day of surgery:

On day of surgery, Dr. Lencioni will meet you in the pre-operation area. He will confirm the operative extremity and side that we are doing surgery on and will put his initials on the extremity he is operating on. Upon discharge, you will be receiving a surgery folder. In this folder, there will be various papers for your reference:

- **Discharge Information:** this paper has information regarding your medications, things to know about post-operation, and red flags to look out for.
- **Surgery Letter:** this paper has information regarding FMLA and disability paperwork, medications to avoid prior to surgery, and things to do prior to day-of surgery
- **Physical therapy:** this paper is a referral to physical therapy. It is a generic referral so you can take it to any physical therapy location of your choosing. The timeframe that Dr. Lencioni wants you to start PT will be mentioned on the referral. For example: "To start 2-3 days post-operation". **YOU ARE RESPONSIBLE FOR SETTING UP YOUR PHYSICAL THERAPY.**
- **Physical Therapy List:** There will be a list of physical therapy places in your folder that have phone numbers for places that you can call and get set up at.
- **Physical Therapy Protocol:** Behind the referral to physical therapy, there will be a specific protocol that Dr. Lencioni wants you to follow. You will need to give this to the place that you are going to for physical therapy.

Depending on the surgery you are having, your surgery will be either in-patient or out-patient. This will be communicated to you prior to surgery. For out-patient procedures, you will be going home same-day. Someone will need to drive you to and from surgery as you will not be able to. For in-patient procedures, you will be staying in the hospital for a day or two after surgery. Dr. Lencioni will follow up with you in the hospital the day after surgery to check-in. You will then be discharged according to protocol.

Day after surgery/ 1st post-operation appointment:

For out-patient surgeries, Dr. Lencioni will call you the day after surgery. He will check-in to see how you are doing pain wise, discuss surgery, and answer any questions that you have. For in-patient surgeries, Dr. Lencioni will see you at the hospital the following day. From day of surgery, you will follow up in office 10-14 days after. Depending on the surgery performed, you will be getting x-rays at this appointment. We will also be getting your sutures out and putting on steri-strips.

Questions/Concerns

Please do not hesitate to reach out if you have any questions! You can reach Dr. Lencioni and Brooke (Medical Assistant) directly at 775-788-5290, Yenny (surgery scheduler) at 775-785-3427, or through MyChart.